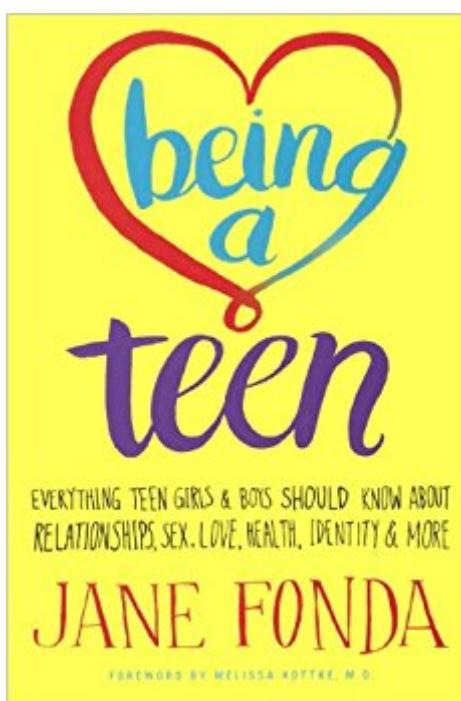


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# Being A Teen: Everything Teen Girls & Boys Should Know About Relationships, Sex, Love, Healthy, Identity & More (Turtleback School & Library Binding Edition)



## **Synopsis**

FOR USE IN SCHOOLS AND LIBRARIES ONLY. This candid, straightforward guide to identity, friendship, family, the body, sexuality, pregnancy, bullying and more is based on the author's personal experiences working with young people and experts at The Georgia Campaign for Adolescent Pregnancy Prevention, which she founded in 1994.

## **Book Information**

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## **Customer Reviews**

Advance praise for "You, Your Body, Your Life" "'You, Your Body, Your Life" should be in the hands of every teen in the world. It is a myth-busting, fact-filled treasure full of life information all teens want and need to know."--Christiane Northrup, M.D., "New York Times" bestselling author of "Women's Bodies, Women's Wisdom" "Clear, unflinching, and nonjudgmental . . . a reliable guide to the turbulent physical and social transitions of adolescence."--Michael Kimmel, Distinguished Professor of Sociology and Gender Studies, Stony Brook University, and author of "Guyland"" "Detailed, accurate and practical . . . an excellent resource."--Paul Kivel, author of "Boys Will Be Men"Advance praise for "Being a Teen" "'Being a Teen" should be in the hands of every teen in the world. It is a myth-busting, fact-filled treasure full of life information all teens want and need to know."--Christiane Northrup, M.D., "New York Times" bestselling author of "Women's Bodies, Women's Wisdom" "Clear, unflinching, and nonjudgmental . . . a reliable guide to the turbulent physical and social transitions of adolescence."--Michael Kimmel, Distinguished Professor of Sociology and Gender Studies, Stony Brook University, and author of "Guyland"" "A comprehensive, honest, fun-to-read book for today's teenagers. This delightful book will be used

again and again."--The Reverend Debra W. Haffner, president, Religious Institute, and author of "From Diapers to Dating""Detailed, accurate and practical . . . an excellent resource."--Paul Kivel, author of "Boys Will Be Men"

Jane Fonda, the Oscar- and Emmy-award winning actor, is the founder of the Georgia Campaign for Adolescent Power & Potential and the Jane Fonda Center for Adolescent Reproductive Health at the Emory University School of Medicine. Though she is also a highly successful producer and #1 "New York Times "bestselling author, Fonda's passion lies in advocating for young people's health. Fonda also sits on the boards of Women and Foreign Policy at the Council on Foreign Relations, the Women's Media Center (which she co-founded in 2004), and V-Day. A former UN Goodwill Ambassador, she is a frequent speaker on youth development, child sexual abuse, eating disorders, adolescent reproductive health, and more. She lives in Los Angeles.

I love this book. It is has great info on everything I want my teen to know and some I hadn't thought of. The topics don't drag on, they are specific and concise. Loved the resources for teens at the end. Highly recommend this book

This book has some good content, but I am disappointed that it doesn't have more pictures or visuals to draw kids in. The pictures are hand drawn, and not very engaging.

Educative when it comes to sexuality.However her book Prime Time promotes both mental and physical health explanations and is more complete.

My wife asked me to purchase this particular book for our teenage grand daughter. She read the book before we gave our grand daughter the book. The book was really about what everything teen girls and boys should know starting with puberty through their teen years. The book was well written and age appropriate. We gave the book to her on her 13th birthday and she loved the book.

Jane Fonda is someone that has done her homework on teens. I bought this book for my daughter to help understanding my Granddaughter who is 12 years old. I read it first and now I can intelligently discuss our mutual teenager.

Excellent book. No nonsense. Tells it like it is and easy to read. Able to have my teen read it and

then we discuss the topic. Good reference book for parents as well.

I bought it for my grandson who is 13. He says it was a good book. He would not go into details... enough said!

great book highly recommend

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[Sutra, Sex Positions, How to have Sex, Tantric Sex\) \(Volume 1\)](#)

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